

## 빌리루빈이 산화 스트레스와 세포 자멸사를 감소시킴으로서 신 세뇨관 손상을 호전시키는가

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### Bilirubin Attenuates the Renal Tubular Injury by Inhibition of Oxidative Stress and Apoptosis

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**Background:** Bilirubin (BIL) has been recognized as an endogenous antioxidant that shows a protective effect for cardiorenal diseases. We investigated whether administration of BIL had a protective effect on cyclosporine (CsA)-induced nephropathy (CIN), and examined the effects of BIL on the oxidative stress and apoptosis.

**Methods:** BIL was pretreated intraperitoneally three times for a week (60mg/kg), and CsA was injected for 4 weeks (15 mg/kg/day, subcutaneous). Proximal tubular epithelial (HK2) cells were pretreated with 0.1mg/ml of BIL for 24 hours, and then treated with 20  $\mu$ M of CsA for another 24 hours.

**Results:** CsA induced marked increases in urine kidney injury molecule-1 (Kim-1) and neutrophil gelatinase-associated lipocalin (NGAL) concentrations ( $p < 0.05$ ). BIL reduced urine Kim-1 in CIN ( $p < 0.05$ ), while urine NGAL exhibited a decreasing tendency. In CsA-treated rat kidneys, the protein expression of NOX4 and p22phox was reduced by BIL ( $p < 0.05$ ). BIL ameliorated CsA-induced arteriopathy, tubulointerstitial fibrosis, tubular injury, and the apoptosis examined by TUNEL assay ( $p < 0.01$ ). In HK2 cells, BIL reduced intracellular reactive oxygen species in CsA-treated cells. CsA increased the protein expression of bax, cleaved caspase-9, caspase-3 and the activity of caspase-3; however, the anti-apoptotic bcl-2 protein was reduced. These changes were recovered by BIL ( $p < 0.05$ ).

**Conclusion:** The direct administration of BIL protected against CsA-induced tubular injury via inhibition of oxidative stress and apoptosis.

**Key Words:** 세포자멸사, 빌리루민, 산화 스트레스  
Apoptosis, Bilirubin, Oxidative stress